

Dr Kriten (Kit) Mistry
Specialist Clinical Psychologist in Neuropsychology
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Clinical Experience

May 2014 – Present

Director/Specialist Clinical Psychologist in Neuropsychology

NeuroPsych Solutions Ltd – Trading name: Neuro Rehab Group (NRG)

Specialist experience and interest in Neuropsychology, providing a range of services relevant to individuals, families and carers, who experience difficulties as a result of a brain injury, stroke or other neurological conditions. Such work includes, the provision of neuropsychological assessments, offering neuropsychological opinion/formulations, implementing psychotherapeutic interventions, as well as making available consultancy to case managers/MDT teams.

April 2016 – Present

Case Manager, AJ Case Management Ltd, Wolverhampton.

Provide specialist support to people who have experienced complex neurological impairment, traumatic brain Injury and/or spinal cord Injury, to live within the community.

March 2014 – July 2016

Specialist Clinical Psychologist in Neuropsychology, Stroke Service at Kings Mill Hospital via Nottinghamshire Healthcare NHS Trust.

Responsibilities: To provide specialist clinical neuropsychology service to adults referred from stroke or other neurological services. Provide neuropsychological assessment and therapy for individuals and family: offering advice and consultation on patient's psychological care to non-psychologist colleagues.

March 2015 – May 2015,

Locum Specialist Clinical Psychologist in Neuropsychology Burton Park Hospital, Warwick Lodge Melton Mowbray, Partnerships in Care.

Provided specialist neuropsychological assessment and intervention to inpatients who have had an acquired and/or traumatic brain injury. This included the completion of cognitive assessments, psychological assessments and intervention and behavioural intervention. Moreover, the completion of mental capacity assessments including under deprivation of liberty safeguards.

January 2013 – February 2014

Clinical Psychologist (Neuropsychology), Rotherham Neurorehabilitation Service via Sheffield Health and Social Care NHS Trust.

Responsibilities were to provide neuropsychological intervention to patients, and their families, who have experienced either a traumatic or acquired brain injury. Intervention was provided to patients based on inpatient acute neurorehabilitation ward, post acute inpatient ward, the community and outpatient clinics.

February 2012 – February 2014

Clinical Psychologist (Neuropsychology), Sheffield Health and Social Care NHS Trust.

Responsibilities were to provide neuropsychological intervention to patients referred to the Sheffield Community Brain Injury Rehabilitation Team (SCBIRT). Activities included providing specialist neuropsychological assessment, formulation and interdisciplinary intervention for patients (Older/adults), who had a traumatic or acquired brain injury. Intervention involved working with the patient's directly or indirectly through carers, family and other professionals involved in their rehabilitation.

July 2012 – January 2013

Clinical Psychologist (Neuropsychology), Leeds and York NHS foundation Trust.

Responsibilities were to provide specialist neuropsychological assessment, formulation, intervention for patients living with a neurological condition (traumatic, acquired as well as neurodegenerative). Intervention involved working with the patient's carers, family and other professionals involved in their care.

February 2012 – July 2012

Clinical Psychologist (Adult Mental Health Neuropsychology), Pennine Care Foundation NHS Trust.

Responsibilities in this position were to undertake formal neuropsychological assessments and provide to neuro/psychological intervention to patients who were on the Neuropsychology waiting list.

September 2008 – August 2011

Trainee Clinical Psychologist, Lancashire Care NHS Trust, Lancaster University.

Worked in various specialties to fulfil requirements of the Doctoral training course.

Oct 08 to March 09 – Working Together team (Alder hey, Liverpool). Child Placement.

April 09 to Sept 09 – Arundel House (Rathbone Hospital, Liverpool). Adult placement.

Oct 09 to March 10 – Community team (Mossley Hill Hospital, Liverpool). Older adult placement.

April 10 to Sept 10 – Hesketh Centre (under Olive Mount Hospital, Southport). Learning disability placement.

Jan 11 to Aug 11 – Hazelmere unit (Leigh infirmary, Leigh). Neuropsychology placement (inpatient, outpatient and community).

October 2007 – August 2008

Assistant Clinical Psychologist, Cheshire and Wirral Partnership NHS Trust, Macclesfield.

Based at the then medium secure forensic Learning Disability (LD) unit based at the Alderley edge. Responsibilities included carryout cognitive assessments and carrying out individual cognitive behavioural programmes to bring about change. Moreover, my role included monitoring and providing functional behavioural charts for all the detained patients at ward rounds and tribunals. In addition to this I carried out a trust wide audit investigating the care provided to LD patients who present with challenging behaviours.

April 2007 – September 2007

Assistant Clinical Psychologist, Mersey Care NHS Trust, Liverpool.

Based at the adult alcohol addiction services based at Aintree hospital. Activities involved carrying out initial assessments and reviews of adults with addiction problems and allocating them into suitable rehabilitation programs. Moreover, I delivered rehabilitation through the use of individual therapy, psycho-education and groups for both inpatients and outpatients.

August 06 – March 2007

Assistant Clinical Psychologist, Mersey Care NHS Trust, Liverpool.

Based within the Older People's community mental health teams at Aintree and Waterloo hospitals as part of a pilot study on extending the range of psychology services offered to older clients. In addition to this, co-facilitated group work and also planned an evaluation of a pilot scheme. Activities also included input in a physical health setting, primarily on the stroke review clinics, assessment and rehabilitation day units and stroke rehabilitation ward.

November 2005 – August 2006

Honorary Assistant Clinical Psychologist, Aintree Hospital, Liverpool.

Responsibilities included carrying out routine neuropsychological and mood screening of patients who had experienced a stroke. The aim of which was to identify those patients in need of neuropsychological intervention for cognitive rehabilitation and low mood.

Education

September 2016 – Present

University of Glasgow

PGDip Clinical Neuropsychology

September 2008 – August 2011

University of Lancaster

Doctorate in Clinical Psychology

September 2005 – September 2006

University of Liverpool

MSc Research Methods in Psychological Studies

September 2003 – September 2004

University of Central Lancashire

Graduate Diploma in Psychological Studies

September 2000 – July 2003

University of Central Lancashire

BSc (HONS) Neuroscience

Teaching Experience

January 2013 – December 2015

Visiting Lecturer, Doctorate in Clinical Psychology, Faculty of Medicine and Health, University of Leeds.

“Introduction to Clinical Neuropsychology” lecture to Doctoral trainees on the Leeds Course.

Research Experience

September 2011 – Present

Article Reviewer

Review journal submissions for potential publication for the British Journal of Health Psychology as part of their peer review process.

April 2010 – June 2011

Lancaster University, DCLINPSY Thesis.

The focus of my Doctoral thesis was to explore the psychological effects for patients who have recently (within the last six months) received a diagnosis of motor neurone disease (MND). The study was qualitative by design and used interpretative phenomenological analysis (IPA) to analysis the data collected. Following its completion the study was submitted and published in a peer reviewed journal

Publication:

Kriten Mistry & Jane Simpson (2013): Exploring the transitional process from receiving a diagnosis to living with motor neurone disease, *Psychology & Health*, DOI:10.1080/08870446.2013.770513).

October 2005 – September 2006

University of Liverpool, Psychology department.

Undertook a Master’s thesis project investigating the involvement of the right amygdala and the right perirhinal cortex in cross-modal and intra-modal simultaneous matching to samples. The project involved patients who had suffered from temporal lobe seizures and had a right-sided en bloc resection of the anterior temporal lobe, which included the hippocampus, amygdale and perirhinal cortex.

September 2003 – August 2004

University of Central Lancashire, Psychology department.

Dissertation submitted in partial fulfilment for the Graduate Diploma in Psychology. Investigating the effects of different presentation types (audio, visual word and pictorial) upon the false memory effect. The participants in this investigation were presented with 6 different lists of words related to a non-presented critical word. The dissertation project was presented as a poster presentation.

Poster presentation: Heath, A.J., Butroid, P.M.,& Mistry, K. (2005). False impressions: Cognitive preference for imagery and false recall and recognition. Poster presented at the 10th European Workshop on Imagery and Cognition, St. Andrews, UK.

Professional Registrations and Memberships

- Health & Care Professionals Council (Practitioner Psychologist: PYL27161)
- The British Psychological Society (Chartered Psychologist: 182787)
- BPS: Division of Clinical Psychology (Chartered)
- BPS: Division of Neuropsychology (Full Divisional Membership)