



ANDREA MATTHEWS

CURRICULUM VITAE



Andrea qualified as an Occupational Therapist (OT) with an MSc in Occupational Therapy from the University of Derby in 2011. She is registered with the Health and Care Professions Council (HCPC) and is a member of the British Association of Occupational Therapists (BAOT). She also has a BSc in Psychology which was gained in 2004 from the University of Wales, Bangor.

Andrea specialises in neurological rehabilitation and in sensory integration. She has undertaken post-graduate training in Sensory Integration to achieve Advanced Practitioner status with the University of Ulster and is also a Rebound Therapy Practitioner (therapeutic use of trampolines). She works with both adults and children.

Andrea has worked with people with acquired brain injuries since 2000. She undertook a variety of roles before qualifying as an OT, including Assistant Manager of a 25-bedded rehabilitation unit, Assistant Psychologist, Clinical Auditor and Support Worker. She also has extensive experience of working with people with Autistic Spectrum Condition (ASC), dyspraxia, sensory processing difficulties, learning difficulties, and mental health needs. She works in schools, client's own homes, the community, workplaces and clinics to support clients to achieve their social participation goals.

Andrea has experience of:

- Carrying out a wide variety of standardised and non-standardised assessments.
- Supporting clients to set social participation goals.
- Measuring outcomes.
- Recommending equipment and adaptations.
- Functional assessment and rehabilitation.
- Cognitive assessment and rehabilitation.
- Vocational rehabilitation.
- Carrying out Ayres Sensory Integration.
- Setting and completing Rebound Therapy programmes.
- Working with people with challenging behaviour.
- Liaising with a wide network of organisations, professionals and families.

Andrea set up an independent Occupational Therapy company, Creative NeuroRehab Ltd, in February 2014. In January 2017 she co-founded the Neuro Rehab Group Ltd (NRG) with three like-minded therapists from psychology and speech therapy backgrounds. Creative Neuro Rehab became the occupational therapy division of this unique interdisciplinary team, with Andrea leading a team of specialised OT's in the Midlands and North of England. In January 2018 she set up NRG's Sensory Integration and Therapy Clinic in Bromsgrove, Worcestershire; work at the clinic is currently paused whilst Andrea assesses and investigates opportunities for a new site. A wide variety of mobile treatment and equipment is available to Andrea and her colleagues to support clients in their own environments. Andrea enjoys working with clients of all ages to support them to achieve what is important to them and overcome barriers they face in day to day life.