



Neuro Rehab
Group

BECKY SMITH

CURRICULUM VITAE

Becky qualified as an Occupational Therapist (OT) in 2009 with an MSc in Health Through Occupation from the University of Brighton. She is registered with the Health and Care Professions Council (HCPC) and is a member of the British Association of Occupational Therapists (BAOT). She has a BSc in Psychology which was gained in 2004.

Becky has specialised in neurological rehabilitation and to broaden her knowledge in her specialist area has completed a post-graduate certificate in neurological rehabilitation at Coventry University.

Becky has worked in a variety of clinical settings since qualifying and worked in New Zealand and Australia as an occupational therapist, where she gained insight into other countries therapy practices. It provided her with a broader cultural awareness which she continues to implement in her daily practice.

She started her occupational therapy career on a rotation at the Queen Elizabeth Hospital in Birmingham where she gained core skills including time management, prioritising her caseload, and completing initial and functional assessments. Working in New Zealand and Australia she worked in acute hospitals and on rehabilitation wards working in a variety of clinical settings including stroke rehabilitation. On return to the UK she started working in private practice whilst completing locum posts. She worked as part of the Birmingham Neuro Rehab Team based at Moseley Hall Hospital, assessing and treating clients in the community, which allowed her to expand her knowledge in neurological rehabilitation. Becky also has experience of working with clients with learning disabilities and mental health needs.

Becky joined Creative Neuro Rehab Ltd as an Associate Occupational Therapist in 2015; and remained with the company as it became the Occupational Therapy division of the Neuro Rehab Group (NRG) in January 2017. Becky has now joined the team permanently and is currently training to become a Practitioner of Sensory Integration to support the increasing number of referrals that is being received in this area.

She is highly skilled and carries a diverse case load, specialising in neurological rehabilitation working with adults. She works with clients who have traumatic brain injury and other neurological conditions including stroke and cerebral palsy. She aims to enable her clients to be as independent in their everyday life as possible and to improve their well-being and quality of life. She sees clients in their own homes, residential services and the wider community. Treatment often includes cognitive rehabilitation through functional tasks, community access, fatigue management and vocational rehabilitation. She has completed seating assessments and equipment assessments, communicating closely with companies to establish the best outcome for the client. She works autonomously and as part of different multi-disciplinary teams with different case managers, demonstrating effective communication skills. Treatment is based on client-centred functional goals.

She enjoys working as an occupational therapist in private practice due to the varied, rewarding work and helping people along their rehabilitation journeys.