



**RACHEL MOIR**

## **CURRICULUM VITAE**



Rachel qualified as a Speech and Language Therapist in 2008 with a BSc (Hons) in Speech and Language Therapy from Queen Margaret University in Edinburgh. She is registered with the Health Professions Council, a member of the Royal College of Speech and Language Therapists (RCSLT) and a member of the Association of Speech and Language Therapists in Independent Practice.

Rachel is the Director of Confident Communication Therapy Ltd (CCT) and a Co-Founder of Neuro Rehab Group Ltd. Rachel has associate therapists who work with her.

Rachel specialises in treating adults and children with complex communication support needs. This includes working with individuals who present with high level language impairments that are affected by cognition and behaviours that challenge services. She also works with children and adults who have eating, drinking and swallowing problems (Dysphagia).

Rachel plays an active role in the RCSLT and previously acted as the lead link between her health board and the college. She was recently involved in a national project looking at the role of the SLT in Mental Capacity Act (2015) Assessments and Supported Decision Making.

Following qualification Rachel started work in Ayrshire and Arran Health Board and completed rotations in adult and paediatric settings in the community and acute sectors. In 2010 Rachel accepted the promoted post of community specialist working with children in schools, nurseries and community clinics. She continued to develop her skills and supported families through initial diagnosis of life long conditions. This post involved working with children from birth up to school leaving age. Rachel also worked with the specialist fluency clinic and developed her skills working with children and adults who stammer.

In 2011 Rachel accepted a specialist post working with the Community Learning Disability Team. This involved managing the caseload of adults with learning disabilities who presented with dysphagia and communication support needs. She also had responsibility for supporting less experienced colleagues and supervising a full time assistant.

Rachel took a lead role in the MDT Learning Disability Team and continued to develop her specialist skills working with people who display behaviours which challenge services, associated with communication support needs. She acted as a consultant to support and train care providers and relevant others to manage communication and challenging behaviour.

Rachel has a special interest in alternative and augmentative communication, including both low and high tech systems. She has developed skills in and promoted the use of iPads and iPhones as communication aids within her practice. Rachel will include technology wherever this is possible in her practice and she has had achieved successful outcomes using a range of telehealth platforms.

Rachel has worked in the independent sector as a Speech and Language Therapist since 2010, supporting adults and children in the community and in rehabilitation settings.



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Rachel is experienced and trained in managing eating, drinking and swallowing difficulties in both adults and children. She also has a post graduate qualification in Cervical Auscultation and is a certified McNeil Dysphagia Therapy Program (MDTP) provider.

Rachel has often been involved in vulnerable adult cases, supporting establishing capacity based on the client's ability to understand decisions and to express choices and decisions.

Rachel has also supported clients to express their wishes when writing a will with their solicitor.

Rachel began working as a Brain Injury Case Manager in 2013 which developed her skills in neurological rehabilitation and has deepened her understanding of brain injury and its impact on individuals and wider family life.

In addition to treating communication and swallowing disorders, Rachel has developed a passion in training others to better understand communication support needs and cognitive communication disorders. Rachel is passionate about providing bespoke training that suits individuals and carer/support needs.

Rachel is an active member of the Central Neuro Rehab Clinical Excellence Network and is also a member of the Dysphagia Special Interest Group. She is also a UCL (London's Global University) Better Conversations with Dysarthria Champion.

Rachel has qualifications in British Sign Language at Stage 2 level and has completed Talking Mats training in 2017.