



Neuro Rehab
Group

SHERYL POWERS

CURRICULUM VITAE

Sheryl qualified as an Occupational Therapist in 2011 with a first class degree in Occupational Therapy Bsc (Hons) from Coventry University. She is a registered member of the Health Professional's Council and is a member of the Royal College of Occupational Therapists.

Following qualification, Sheryl began working for the NHS as a rotational Occupational Therapist, gaining experience in community paediatrics, acute trauma, palliative care, surgical and orthopaedic wards as well as acute medical wards. With her developing skills and experience Sheryl was successful in being promoted to the position of Specialist Occupational Therapist in July of 2014. This involved working in the acute hospital supporting the implementation of a new service within the Accident and Emergency Department and being the lead therapist for A and E and the emergency ward.

In July 2016 Sheryl accepted the promotion of Team Lead for the Acute Medical Occupational Therapy team, having the responsibility of leading a sizeable team of therapists in a busy and demanding environment whilst monitoring quality and results of the overall service. Sheryl also supported the team and provided specialist assessment for more complex or urgent cases.

Since April 2017 Sheryl has been the Therapy Lead at a community rehabilitation unit, supporting individuals post-surgery to regain strength and relearn skills in order to return home safely and independently. This post involves assessing patients, creating care plans and managing admissions and discharges. Sheryl leads both Occupational Therapists and Physiotherapists within the team and supports the care assistants to continue therapy plans and to maintain a rehabilitative environment.

She has experience of working with complex and difficult cases and all of her roles have involved training and supporting new team members and less experienced colleagues, providing both informal and formal supervision.

Sheryl has worked in the independent sector within the occupational therapy division of the Neuro Rehab Group as an associate since 2015, supporting individuals in the community with acquired brain injuries. Sheryl has now joined the NRG team permanently and is currently training to become a Practitioner of Sensory Integration to support the increasing number of referrals that is being received in this area.

She has experience in assessing and treating individuals with a range of deficits including fine and gross motor skills, community living skills, activities of daily living, sensory processing and executive functioning skills.

Sheryl has worked closely with large multi-disciplinary teams, providing detailed reports and personalised goals. She has also provided various training sessions for clients, care workers, families and support teams.