



SIMA KHAYAT

CURRICULUM VITAE



Sima is a Speech and Language Therapy Assistant with the Neuro Rehab Group Ltd and is undertaking her final year of the undergraduate speech therapy course at Manchester University.

Sima's passion for speech and language therapy stems from her interest in the mechanism of languages as well as their use in bringing people together. This is paired with her hope to support any individual, who may be facing communication barriers, in achieving their communicative potential to be understood and to understand others.

Throughout her time as a student, she has studied and worked with a wide range of client groups, providing her with an insight into the various struggles people with communication and swallowing difficulties may face and how these may be managed.

During her paediatric placement, she co-led a Hanen programme group for pre-school children with social communication disorders, where parents were advised on techniques to use whilst following their child's lead for increased opportunities to meaningfully jointly interact with each other. She has also gained experience in carrying out formal assessments and case histories which help with the planning and delivery of evidence based therapy. Sima finds inter-disciplinary team (IDT) working fascinating and has experience working with a range of professionals including teachers, GPs, SENCOs, translators, parents and other allied health professionals. She strives to work together executing effective communication skills whilst contributing to the IDT's knowledge and expertise supporting the collective management of individuals with communication support needs.

Sima has gained experience on placement at Macclesfield Hospital, where she became familiar with adults with acquired communication and swallowing difficulties in acute and community settings. She has developed her skills in delivering specialist speech and voice therapy programmes and has supported swallowing assessments. Sima enjoyed implementing weekly therapy during home visits to patients with Aphasia, and has learnt that each individual is unique and should be treated as such. Clients who remained motivated to achieve their potential experienced a meaningful therapeutic relationship with a personalised goal to work towards, which is an ethos she appreciates for effective therapy.

Sima values supporting clients set and achieve functional goals:

"With a means, reason and opportunity to communicate, my relationships with those around my clients were steadily revived, improving her quality of life."

She holds certificates in basic life support, mandatory training and dysphagia introduction. In her free time, she enjoys playing basketball, netball and volunteering.