



Bethan qualified as an Occupational Therapist in 2014 with a First Class Degree in Occupational Therapy from the University of Northampton. She is a member of the Royal College of Occupational Therapists (RCOT) and is registered with the Health and Care Professions Council (HCPC). In 2018, Bethan gained a distinction in her Postgraduate Certificate in Sensory Integration from the University of Ulster, giving her "Practitioner of Sensory Integration" status.

Prior to joining Neuro Rehab Group, Bethan gained extensive experience working within a Local Authority, most recently in the community Learning Disability (LD) and Autism Team. Here, Bethan worked with people with diagnosis of Learning Disability ranging from mild to profound, multiple disabilities, dual diagnosis such as LD/Autism with mental health and LD and dementia.

Bethan successfully managed her own caseload of clients and continues to do so with Neuro Rehab Group. Bethan continues to work with a wide range of clients with issues such as Acquired Brain Injury, Autism, Sensory Processing Difficulties, Parkinson's, Stroke, Multiple Sclerosis, Arthritis, Upper and Lower limb Amputee's, Motor Neuron's Disease and Dementia.

She assesses client's functional abilities and skills, complex moving and handling and physical needs as well as sensory assessments and has used a variety of assessment tools including and not limited to; assessments for sensory integration and praxis, SPIRAL sensory history questionnaires, Clinical Observations, Vona Du Toit Model of Creative Ability (VdT MoCA), and Activity Participation Outcome Measure (APOM). Bethan presented the implementation of the VdT MoCA model to inform skill intervention with learning disabilities at the Royal College of Occupational Therapy Conference 2019. Bethan is also an experienced moving and handling trainer and has delivered theory and practical training for 5 years.

Bethan is passionate about working with her clients and enjoys helping them reach their potential in skill areas that are important to them and watching their independence and confidence grow.

Bethan is based near Stratford-Upon-Avon, Warwickshire. She is supervised by Andrea Matthews, Company Director, Consultant Occupational Therapist and Advanced Practitioner of Sensory Integration.