



## DR JENNIFER DAINTY

### CURRICULUM VITAE

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Dr Jennifer (Jen) Dainty is a Clinical Psychologist with extensive experience of working with children and families in the neuropsychology and clinical psychology field, as well as working with adults with physical health difficulties. Jen currently works part time within the NHS in a specialist paediatric hospital, most specifically working with children who have experienced a brain injury, major physical trauma and/or other neurological condition such as epilepsy. Prior to clinical psychology training, Jen worked in both paediatric neurology settings and in a rehabilitation facility for adults with acquired brain injury.

Jen regularly works with other members of multi-disciplinary teams to ensure a range of goals can be most effectively worked towards to ensure optimum life quality. Within her clinical work, Jen draws on a range of therapeutic modalities, most specifically cognitive-behaviour therapy (CBT), including trauma-focused CBT, narrative therapy and acceptance and commitment therapy (ACT). Jen has successfully delivered therapy based on the ACT approach for non-verbal clients and she is passionate that adaptation of therapeutic modalities should be sought to ensure therapy is as accessible as possible.

In addition to her clinical work, Jen has extensive experience in administering neuropsychological assessments. Jen ensures that any assessments carried out are utilised specifically to understand and improve an individual's quality of life and well-being. She has a great deal of experience in working with schools to ensure recommendations are considered and implemented based on the outcome of neuropsychological assessments.

In addition to her clinical work, Jen regularly delivers teaching and training to medical teams and allied health professionals. She is a visiting lecturer on the Lancaster Clinical Psychology Doctorate Programme, and she regularly supervises Assistant, Trainee and Clinical Psychologists.

#### Qualifications

Doctorate in Clinical Psychology, University of Liverpool, 2011-2014

Post Graduate Certificate in Psychological Trauma, University of Chester, 2010-2011

Bachelor of Science in Psychology, University of Liverpool, 2005-2008

Jen is a registered member of the Health & Care Professions Council (member number: PYL31344)