



Neuro Rehab
Group



CAROLINE GALE

CURRICULUM VITAE

Highly Specialist Speech and Language Therapist (Adult Neurology)

Caroline qualified as a Speech and Language Therapist in 1995 with a B Med Sci (Speech) hons from Sheffield University. She is a member of the Royal College of Speech and Language Therapists, registered with the HCPC, a member of the Association of Speech and Language Therapists in independent practice, and a member of the British Aphasiology Society (BAS).

Caroline has over 25 years of experience working with adult clients with acquired communication and swallowing difficulties as a result of Brain Injury, stroke and progressive disorders such as Parkinson's disease, Multiple Sclerosis, Motor Neurone Disease, Huntington's disease and Dementia.

Caroline has a special interest in motor speech disorders (dyspraxia) and stammering but offers a range of speech and language therapy interventions tailored to her clients' specific needs. Her ethos is to empower clients to participate fully in their everyday lives by supporting them to achieve personalised functional goals. She uses a solution focused holistic approach, with her client's quality of life at the centre. She is also an advocate of "Better Conversations" working with communication partners to help facilitate a positive communication experience. She is vastly experienced in managing eating/drinking and swallowing difficulties and is trained in cervical auscultation.

Following qualification, Caroline worked for North Staffordshire Combined Healthcare NHS Trust initially with a generalist caseload of children and adults, before specialising with an adult acquired caseload, treating clients in Acute and Community Hospitals, outpatient clinics, and their own homes. Her role also involved developing a training programme with nursing home staff so that they could better support residents with swallowing and communication difficulties.

In 1998, Caroline travelled to New Zealand to work for Healthcare Hawkes Bay where she helped to set up a residential service for Brain Injured clients. This involved extensive multidisciplinary working and treating clients individually as well as in group settings, using a range of intensive treatments to achieve functional outcomes. She also provided rehabilitation to clients on the stroke ward and outpatient clinics.

On returning to the UK, Caroline carried out several Locum positions, before taking on a permanent role in 2001 to develop the Adult Speech and Language Therapy Service to clients in East Cornwall, across community hospitals, outpatient and domiciliary services.

In 2002, Caroline moved back to the Midlands and the role of Highly Specialist Speech and Language Therapist (Stroke) at Birmingham Heartlands Hospital, and then in 2005, Adult Speech and Language Team Coordinator/Stroke Specialist with Coventry PCT, before taking up the position of Clinical Lead Speech and Language Therapist for Stroke and Adult Progressive Neurological disorders with Burton Hospitals NHS Foundation Trust in 2006.

She was to spend the next 10 years developing the inpatient acute and rehabilitation stroke service at Burton Hospital, outpatient stroke services, and the community service to adults with progressive neurological conditions with the Adult Ability Team. In addition to offering individual and group treatments to clients, she was heavily involved with audit and training, specifically the nurse swallow screen initiative. In 2015, she was invited to be the Regional Lead for Speech and Language Therapy and Dietetics for the West Midlands Parkinson's Disease Network, after presenting at their annual network meeting.

After a brief time with the Cannock Stroke Team in 2018, Caroline trained as a Registered Intermediary with the MOJ, the role being to support adult witnesses with communication difficulties to provide their best evidence in police interviews and court proceedings.

Caroline set up her own private Speech and Language Therapy practice in 2019. As an Independent Speech and Language Therapist, she has continued to utilise and build upon the experience gained during her time with the NHS. She has an excellent knowledge base, underpinned by evidence-based practice in the treatment of clients with communication and swallowing disorders. She provides specialist assessment, personalised therapy programmes, bespoke training, and professional advice. She has recently started to offer Teletherapy to her clients in addition to face to face treatments.

In 2024, she completed the Bond Solon course – Excellence in Report Writing.

Caroline ensures she remains up to date with her clinical professional development with attendance at relevant courses, conferences and symposia, specialist interest groups and clinical excellence network events. She is enthusiastic, passionate, and promotes the positive impact of speech and language therapy and is committed to supporting her clients to achieve their optimum outcomes.